

**ACTION ITEM  
BOARD OF SUPERVISORS**

**DATE:** September 4, 2007

**TO** Board of Supervisors

**FROM** Cathy Riddle *CR*  
Public Information Manager

**ISSUE** Declare Monday, September 24, 2007 as "Family Day in Stafford"

**RECOMMENDATION** Approval

**BUDGET IMPACT** N/A

**ATTACHMENTS:** (2)

[1] Background Report [2] **Reso/Ord/Proc #** P07-23

[ ] [ ] **Reso/Ord/Proc #**

[ ] [ ] **Reso/Ord/Proc #**

**REVIEW** [X] County Administrator's Office *Steve Cook*  
[ ] Legal \_\_\_\_\_  
[ ] \_\_\_\_\_

[X] **Consent Agenda** [ ] **Other Business** [ ] **Public Hearing**  
[ ] **Discussion Item** [ ] **Presentation** [ ] **Unfinished Business**  
[ ] **New Business**

**PRESENTATION BY** N/A

**ELECTION DISTRICT** N/A

**BACKGROUND REPORT**

The National Center on Addiction and Substance Abuse at Columbia University has designated Monday, September 24, 2007 as "Family Day – A Day to Eat Dinner with Your Children™." Research has found that the more often children eat dinner with their parents, the less likely they are to smoke, drink or use illegal drugs. Family Day emphasizes the importance of regular family activities that encourage communication between parents and children. Proposed Proclamation P07-23 designates Monday, September 24<sup>th</sup> as "Family Day in Stafford" to encourage families to spend quality time together.

PROPOSED

BOARD OF SUPERVISORS  
COUNTY OF STAFFORD  
STAFFORD, VIRGINIA

PROCLAMATION

At a regular meeting of the Stafford County Board of Supervisors (the Board) held in the Board Chambers, Stafford County Administration Center, Stafford, Virginia, on the 4th day of September, 2007

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MEMBERS

Jack R. Cavalier, Chairman  
Mark Dudenhefer, Vice Chairman  
M. S. "Joe" Brito  
Peter J. Fields  
Robert C. Gibbons  
Paul V. Milde III  
George H. Schwartz

VOTE

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On motion of \_\_\_\_\_, seconded by \_\_\_\_\_, which carried by a vote of \_\_\_\_\_, the following was adopted

**A PROCLAMATION TO DECLARE MONDAY, SEPTEMBER 24, 2007  
AS "FAMILY DAY IN STAFFORD"**

WHEREAS, the use of illegal and prescription drugs and the abuse of alcohol and nicotine are among the greatest threats to the health and welfare of America's children, and

WHEREAS, surveys conducted over the last 12 years by The National Center on Addiction and Abuse (CASA) at Columbia University have consistently found that children and teenagers who eat dinner with their families are half as likely to smoke, drink and use illegal drugs as their peers who do not share meals with their siblings and parents, and

WHEREAS, CASA encourages families to establish a daily routine by setting a consistent time to eat dinner together, turn off the television and phones, and involve everyone in preparing the evening meal, and

WHEREAS, positive topics of conversation that can be shared by every family member during dinner include work, school, social activities, current events and extracurricular activities, and

WHEREAS, families can also establish consistent rules of behavior about drug use, drinking and smoking to include in "contracts" that each member of the family can sign, and

WHEREAS, the Board desires to encourage parents to interact with their children every day to promote open communication and make them feel comfortable talking about the difficult situations and temptations they face each day,

NOW, THEREFORE, BE IT PROCLAIMED by the Stafford County Board of Supervisors on this the 4th day of September, 2007, that Monday, September 24, 2007, be and it hereby is declared as "Family Day in Stafford "

SC/CLR/mfl